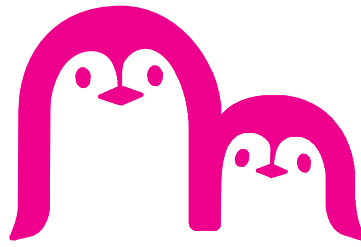




No usage fees!



Support from pregnancy through delivery and child-rearing

Digital Maternal and Child Health Handbook App

“Boshimo”



Immunizations, Growth records, Local information.

Digital Maternal and Child Health handbook app that connects you and your region

A handy, useful child-rearing app that links to the Kanagawa Prefecture “MY ME-BYO Record” health management app.

Immunizations!

“Tough” Gets Easy

Immunization schedules are complicated, but starting from the day of the birth, the app will show you the ideal dates for shots automatically. No more worries!



Growth records!

Share the Fun of Child-Rearing

Share your child's growth records with your family, so you can all look back over them together.



Local information!

Connect with Your Area

Child-rearing and administrative information for your own area is conveniently delivered right to you.



Search for the app



boshimo search

or

Search using a QR code

Download on the App Store



GET IT ON Google Play



This service supports 12 languages including English, Chinese, Spanish, and Portuguese! /

※ Please note that due to using mechanical translation via the Google website translation tool some phrases may not be expressed precisely.

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1 Let's open the app!



After opening the app, please tap **【Use in foreign language】**.

2 Let's set the display to the language you want to use!



Please tap **【Use in foreign language】**! Then select the language you want to use from **【言語を選択】** and register using the account you already have.
※ Sign in with Apple is only available for iOS devices.

3 Let's register your profile!



By registering the postal code, childcare information for your local area will be delivered.

4 Let's register your child's information!



Please register your fetus or child information. Content matching the age will be displayed.

※This app is intended to complement maternal and child health handbooks with the convenient functions.

During health exams and at immunizations, you'll need a maternal and child health handbook.

※This service is operated by MTI Ltd., administrator of “Luna Luna,” on behalf of Kanagawa Prefecture.



The worry-free child-rearing support app that links you to your area



Immunizations!

It's hard when there's so much to do! Making child-rearing a little easier

Immunizations are a pain, and they tend to be forgotten. If they're on your smartphone, though, you can manage them easily!

Optimal immunization dates displayed automatically

No more complicated schedule adjustments! The optimal dates for the next immunization are automatically calculated using the date of birth and actual immunization dates.

Scheduled immunization notifications

As a vaccination date approaches, you'll receive a push notification in advance! Even with a busy schedule, you won't have to worry about forgetting immunizations.



Local information!

Get local information easily

Having local child-rearing information takes a lot of the worry out of raising children!

Local information transmission

Never miss useful information on child-rearing! You'll receive child-rearing and lifestyle-related information from your own area, including storytime events and more.



Easily locate local child-rearing facilities

Skip the hassle when looking for facilities! Search for hospitals and other facilities that are vital to child-rearing in your area.

Growth records!

Have fun recording the day's memories along with growth records!



HAPPY "You Did It!" Day

Every day brings new achievements and reasons to celebrate! Keep a record of your child's new achievements, such as walking with support, along with photos.



Height / Weight Graph

Easily record weight during pregnancy and your child's growth, and automatically graph the data! You'll be able to see how much they've grown at a glance.



Share with Family

The app lets you share your children's growth data, so Dad, Grandpa and Grandma can watch them grow right along with you.

Works with Kanagawa Prefecture's "MY ME-BYO Record" health management app. Continue to manage health records easily from elementary school onward with the app!

Data you enter will automatically be reflected in Kanagawa Prefecture's "MY ME-BYO Record" health management app. Medicine and allergy records can be managed along with it, and data carries over even after your child enters elementary school, making it a useful part of his or her health management.



Search with Boshimo!

boshimo

Search

Find the web version here!

URL : <https://www.mchh.jp>

Boshimo is available in other languages, too!

There's also a web version for those whose environments don't facilitate app use.

Inquiries

MTI Ltd. Contact Center

E-mail boshi_info@cc.mti.co.jp

Kanagawa Prefectural Government General Administration Bureau Digital Strategy Headquarters Office